

## Youth Wrestling for Pembroke Area 1<sup>st</sup>- 8<sup>th</sup> Grade Boys and Girls



Youth wrestling on Mondays and Thursdays at the Purnell Swett Auxiliary Gym (entry next to cafeteria loading zone at school). Learn the *Fun & Fundamentals* of wrestling through practices and competition under experienced coaches. Registrations: Monday Nov 1st, Thurs Nov 4th & Monday Nov 8th at Purnell Swett Auxiliary Gym 7--8pm.

First Practice Thursday Nov 4<sup>th</sup> . Practices on Monday & Thurs from 7 - 8 pm through Dec 20<sup>th</sup> .  
Cost: \$30 includes T-shirt. Make any checks payable to Braves Wrestling Club

Practice location: Purnell Swett High School Auxiliary Gym

Sponsored by the Braves Wrestling Club Contact P.J. Smith at (910) 734-6090 or via email at [pj.smith@uncp.edu](mailto:pj.smith@uncp.edu) or Coach Rashaad Saunders 804-514-6623 for questions

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